inner circle

A Lifestyle Magazine by TOPS

3rd Edition - Fall 2026

TOPS

TULSA OKLAHOMA PLASTIC SURGERY
AND MEDICAL SPA

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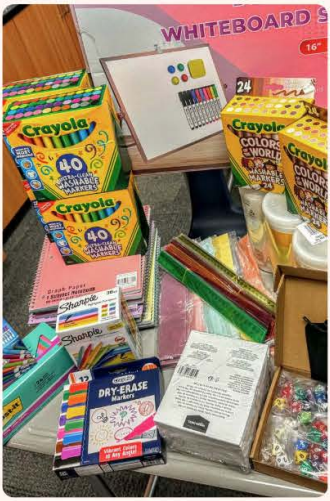
A Look Back

BETWEEN SEASONS EVENT

We had the best time celebrating the transition from summer to fall with great specials, fun giveaways, and even better company. Thank you for showing up, having fun with us, and making it such a memorable night!

TEACHER WISHLISTS

One of our favorite parts of back-to-school season was getting to help clear teacher wishlists for classrooms across our community!



Together, we completely filled the wishlists of three local teachers!! Thank you for helping us give back to the incredible teachers who pour so much into our kids!

A Look Ahead

Happily Ever After

Congratulations to our esthetician, Regan, who marries her best friend, Chet, this October! They'll be celebrating in style with a destination wedding and honeymoon in Las Vegas!

Regan is such a special part of our TOPS family, and we are so excited to celebrate this sweet season with her. We're wishing Regan and Chet a beautiful wedding, an unforgettable Vegas adventure, and a lifetime of happiness together!

Fall Birthdays

Rundy Dr. Martin Lily Staci

Community Corner

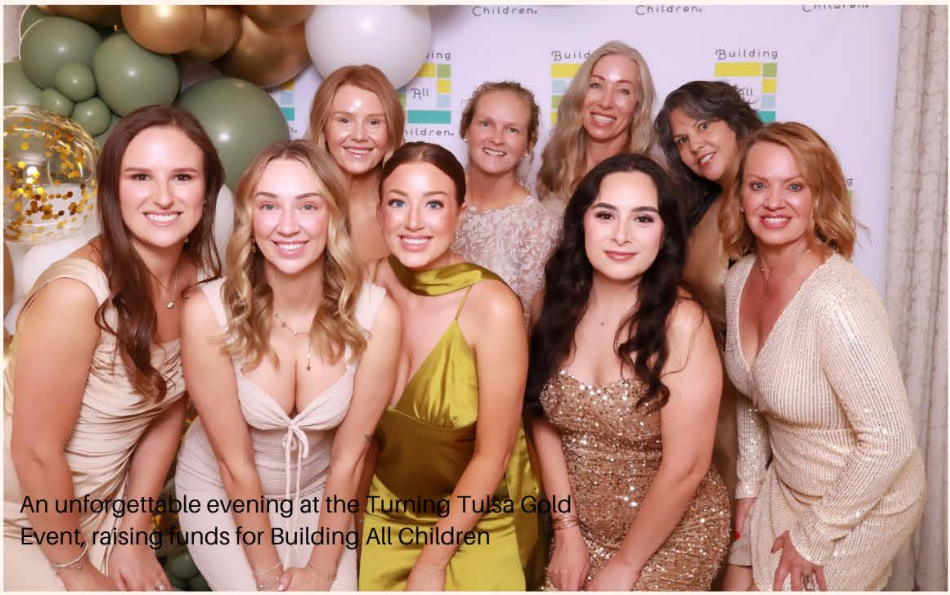
Giving Back Together

At TOPS, giving back to our community is one of our core values. That's why 15% of all profits are donated to organizations making a difference both locally and around the world. Every treatment, product purchase, and visit helps support ministries, schools, families, and programs that bring hope, healing, and opportunity. Thank you for being part of something bigger.

Organizations we've been honored to support in 2026:

- Foundations Church
- World Vision
- Bixby Public Schools
- Family & Children's Services
- Project Woman
- Little Light House
- Building All Children
- The Demand Project
- Bixby Outreach Center

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." Ephesians 2:10



An unforgettable evening at the Turning Tulsa Gold Event, raising funds for Building All Children

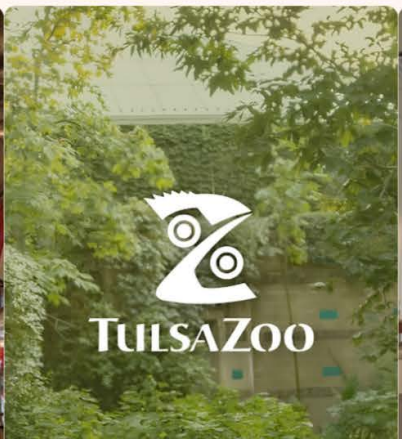
Tulsa Treasures

I didn't grow up in Tulsa, but over the years, I've fallen in love with this city. There are so many wonderful places to eat, shop, and explore, and I love sharing the ones that have become my favorites.
In each edition, I'll highlight a few local treasures I think are worth visiting. These aren't sponsored recommendations, just places I genuinely enjoy and hope you'll enjoy, too.

Date Night
The Spudder
From its iconic oil boom décor and unmistakable Tulsa charm to its unbeatable steak dinners, The Spudder is a Tulsa classic serving up a taste of local history and a meal fit for any cowboy or cowgirl.

For the Family
Tulsa Zoo
With beautiful fall weather finally here, there's no better time to enjoy one of Tulsa's favorite attractions. The Tulsa Zoo is the perfect place to spend a crisp fall day enjoying a little wild adventure.

For the Girls
Bora Bora Nail Spa
Nothing says girls' day quite like a little pampering, and Bora Bora delivers the perfect mix of relaxation and luxury.



Best in The World

🏆 WE HAVE BIG NEWS! 🏆

TOPS has officially been voted TULSA'S BEST MEDICAL SPA in the Tulsa World's Best in the World!

Our medical spa has only been open a little over a year, making this honor almost hard to put into words. Every appointment, every referral, every review, every friend you've sent through our doors, and every time you've trusted our team to take care of you has helped us get here.

To be voted Tulsa's Best Medical Spa by the people in our own community is an incredible honor, and one we will never take for granted. From our entire TOPS family, THANK YOU, TULSA! We are so grateful to serve this community, and even more grateful that you continue to choose us.

Fall Specials

Summer Reset

This fall, enjoy any VI Peel for the face or body PLUS an Enzyme Facial (scheduled about two weeks apart) for just $399 — a $518 value!

Choose from several amazing enzymes, including our fall favorite, Pumpkin Spice!

It's the perfect post-summer reset—a peel to shed away buildup and dullness, followed by an enzyme facial to refresh, hydrate, and bring back your fall glow.

Regan's Product Picks

This October, enjoy **10% OFF** these Skin Better favorites, hand picked by Regan!

✨ Cleansing Gel – Gently cleanses while leaving skin soft and refreshed.
✨ Alto Advanced – Antioxidant protection for brighter, more even-looking skin.
✨ Trio – Deep hydration for smoother, balanced, healthy-looking skin.

Crockpot Hot Chocolate

Warm, creamy, and extra chocolatey, this crockpot hot chocolate is a TOPS favorite! On cold days, there's a pretty good chance you'll find our team gathered around the crockpot enjoying a cup. It's easy to make, perfect for sharing, and guaranteed to warm you up!

Ingredients

- 1½ cups heavy whipping cream
- 1 (14 oz.) can sweetened condensed milk
- 6 cups milk
- 1½ teaspoons vanilla extract
- 2 cups chocolate chips, milk chocolate or semi-sweet

Directions

- Add all ingredients to the crockpot and whisk until well combined.
- Cover and cook on low for 2 hours, stirring occasionally until the chocolate is completely melted and incorporated.
- Whisk well before serving.
- Ladle into mugs and enjoy!

Perfect for chilly days, holiday gatherings, or anytime you need a little something warm and sweet.