inner circle

A Lifestyle Magazine by TOPS

1st Edition - July 2026

TOPS
TULSA OKLAHOMA PLASTIC SURGERY
AND MEDICAL SPA

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A Look Back

MEMBERS APPRECIATION EVENT

Thank you to everyone who joined us for an evening filled with our best pricing, amazing giveaways, and so much fun! We loved getting to spoil some of the people who make TOPS so special. We can't wait to do it again!

REGAN'S ENGAGEMENT

We're thrilled to celebrate our aesthetician, Regan, who got engaged to the love of her life, Chet, in June! It was the perfect day despite the rain, and we're so excited for these two as they begin planning their future together. Congratulations, Regan and Chet!

A Look Ahead

Happily Ever After

Congratulations to our surgical RN, Ruth, who marries her best friend, Allan, in July! We couldn't be happier for them as they begin this exciting new chapter together.

After the wedding, they're off on the honeymoon of a lifetime, exploring the beautiful coastlines, history, and cuisine of Italy and Greece. We wish them a lifetime of love, laughter, and unforgettable adventures together!

July Birthdays

Regan

SAVE THE DATE

Plan now to join us on **Thursday, September 3** for our next party with exclusive specials, exciting giveaways, refreshments, and plenty of surprises along the way. Stay tuned... we'll be revealing this event's theme and all the details soon!

Community Corner

Giving Back Together

At TOPS, giving back to our community is one of our core values. That's why 15% of all profits are donated to organizations making a difference both locally and around the world. Every treatment, product purchase, and visit helps support ministries, schools, families, and programs that bring hope, healing, and opportunity. Thank you for being part of something bigger.

Organizations we've been honored to support in 2026:

- Foundations Church
- World Vision
- Bixby Public Schools
- Family & Children's Services
- Project Woman
- Little Light House
- Building All Children

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." Ephesians 2:10

An unforgettable evening at the Just Wear White Party, raising support for Family & Children's Services

Tulsa Treasures

I didn't grow up in Tulsa, but over the years, I've fallen in love with this city. There are so many wonderful places to eat, shop, and explore, and I love sharing the ones that have become my favorites.
Each month, I'll highlight a few local treasures I think are worth visiting. These aren't sponsored recommendations, just places I genuinely enjoy and hope you'll enjoy, too.

Date Night
Boston Title & Abstract
From its moody lounge-like atmosphere to its ever changing, elevated menu, this place is sure to impress.

For the Family
TeePee Drive In
This gem captures the nostalgic charm of a classic drive-in while offering thoughtfully updated amenities like a full concession stand and playground.

For the Girls
Tulsa Premium Outlets
With dozens of designer stores in a beautiful outdoor setting, this new spot is a fun place to spend an afternoon with girlfriends.

July Specials

Enzyme Facial

This month only, enjoy an Enzyme Facial starting at just **$59** (regularly $119).
Choose from a variety of professional enzymes to brighten, hydrate, calm, or refresh your skin, with each treatment customized to your unique skincare needs.
This special is available throughout July only, so book your appointment while spots are available!

Sam's Product Picks

All month long, enjoy **10% OFF** these SkinMedica favorites, hand picked by Sam!
✨Water Burst Moisturizer – Lightweight hydration for soft, plump, glowing skin.
✨NEW Facial Mist – Refreshes and hydrates anytime, perfect for summer.
✨Facial Foaming Cleanser – Gently removes makeup and impurities without drying your skin.

Best in The World

Tulsa Oklahoma Plastic Surgery & Medical Spa has been nominated in the 2026 Tulsa - Best in the World Awards in multiple categories! We are truly honored to be included and incredibly grateful for the opportunity.

We're finalists in SEVERAL categories including:
✨ Best Cosmetic Surgery Center
✨ Best Medical Spa
✨ Best Laser Hair Removal
✨ Best Weight Loss Center
✨ Best Health & Wellness Clinic
✨ Best Men's Healthcare
✨ Best Women's Healthcare
✨ Alea Pawley – Best Botox Injector
✨ Jennifer Martin – Best Botox Injector

Voting officially begins July 15, and we'd be so grateful for your support when it goes live. Every vote means the world to us, and we'd be honored to have your support!
Thank you for trusting us to care for you. We can't wait to share the voting link on July 15!

Nana’s Banana Pudding

Cool, creamy, and always a crowd favorite, this simple dessert is perfect for summer. I brought it to the racetrack once to share with our buddies, and now it's requested every race weekend. Thankfully, it's just as easy to make as it is delicious!

Ingredients

- ¾ c milk
- 1 (3 oz.) package instant vanilla pudding mix
- 1 (14 oz.) can Eagle Brand sweetened condensed milk
- 1 (8 oz.) tub Cool Whip, thawed
- Bananas, sliced
- Nilla Wafers

Directions

1. In a large bowl, whisk together the milk and instant vanilla pudding until smooth.
2. Stir in the sweetened condensed milk, then gently fold in the Cool Whip.
3. In a serving dish, layer the pudding mixture with sliced bananas and Nilla Wafers. Repeat the layers until all ingredients are used.
4. Cover and refrigerate for at least 8 hours (overnight is even better).

Serve chilled and enjoy every last bite!